

How to Pray

1. What is prayer?

2. Prayer principles

A. Matthew 6:5-8

- What does it mean that “God is in secret?”
- If God knows what I need before I ask, do I still have to ask?
- What is the *purpose* of prayer?
- What constitutes “meaningless repetition?”
- What makes prayer a faith “exercise?”

B. Philippians 4:6-7

- What is *my* responsibility?
- What is *God’s* responsibility?

3. Some practical steps

A. A pattern for prayer: A
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B. A prayer journal: Request / Date Answer / Date

C. Weekly prayer sheet

D. Use prayers in the Bible – write a descriptive phrase for each

- Colossians 1:9-12
- Acts 4:24-30
- Psalm 4
- Psalm 51
- Psalm 103:1-5
- Matthew 6:9-15 – the Lord’s prayer